

Waikato Bay of Plenty Branch Day Course

Fear & Anxiety in our Dental Environment

How to recognise, understand and manage it



VENUE/DATE

Hobbiton - Matamata - Friday 9th May 2025

TOPIC

This full-day course will focus on understanding and managing fear and anxiety in both dental patients and the dental team. Topics will cover the psychological challenges faced by patients of all ages, from children to adults, and practical strategies for reducing apprehension. In addition we will explore sedation techniques, revolutionary new advancements in local anaesthesia, strategies to enhance patient comfort and lessen anxiety for the whole dental team. Join us for a day of expert insights and practical solutions to improve care and reduce anxiety in the dental environment.

Presenters will address;

- What is apprehension and fear and when/how does it begin?
- When fear and apprehension are entrenched; the adult patient
- The beginning of the dental journey; children
- The world of the adolescent patient
- Local Anaesthesia; new advances for an established treatment
- Oral Sedation; how safe is it?
- IV sedation: History and New Frontiers
- The Collision of Music and Health

COSTS

\$325 Branch Members
\$425 Non-Branch Members
\$225 Hygienists and Dental Therapists
\$225 Dental Technicians
\$160 Dentists graduated in 22/23/24
\$125 Dental Students and Auxiliaries

Light breakfast on arrival, morning tea and lunch provided.

Registered Professional Development Activity.

TO REGISTER

For enquiries or to register, please email the WBOP NZDA Branch Administrator:
admin@wbopnzda.org.nz

We encourage you to take this opportunity to bring your whole team.

GUEST SPEAKERS



PROFESSOR ZAC MORSE

Professor Morse is a New Zealand dentist with extensive international education and experience in dental pain and anxiety control across Oceania, East Asia, the Pacific, and West Asia. His focus has evolved from the pharmacological management of dental fear and anxiety to emphasising the psychological considerations, environmental adjustments, and patient-centred care that are required to address the underlying issues. Professor Zac Morse will be presenting via video conference from the American University of Iraq in Baghdad.



DR DOROTHY BOYD

Dr Dorothy Boyd is a Specialist in Paediatric Dentistry. She ran a specialist private practice as well as working part-time as a senior lecturer in the University of Otago. Originally from Northern Ireland, she completed BDS in Edinburgh and became a Fellow of the Royal College of Surgeons of England. After moving to New Zealand Dorothy completed a Master's in Paediatric Dentistry (with distinction) at the University of Otago. She undertook training in hypnosis which led to an understanding of the importance of the language used in interactions with children and families in oral health care. In 2022 she completed a PhD with a focus on the Hall Technique for placing stainless steel crowns, and on children's self-reported pain and anxiety. She also has an interest in wellness and has enjoyed running "restoration retreats" for women in dentistry since 2017.



DR LESTER SETTLE

Dr Lester Settle graduated with an Otago BDS in 1988. Lester also completed a Post Graduate Diploma Clinical Dentistry 2022 in Oral Surgery. He has been a NZRC Core Instructor since 2012 and became a Fellow of the International College of Dentists in 2018. Having been the Clinical Director at Christchurch Hospital from 2011-2023, Lester also runs a private clinic in Christchurch called Wisdom Dental.



PROFESSOR PAUL BRUNTON

Professor Paul Brunton joined Curtin University as the Deputy Vice-Chancellor Academic in 2022. He is responsible for the learning and teaching portfolio. After graduating from the University of Leeds, School of Dentistry in 1984, he obtained his MSc in Restorative Dentistry and his PhD from the University of Manchester. Professor Brunton graduated with a DDSc from the University of Otago in 2021. He was granted his Fellowship in Dental Surgery from The Royal College of Surgeons of Edinburgh in 1995 and in 2022 he was awarded a Fellowship by election from the Faculty of Dental Surgery of the Royal College of Surgeons of England. Professor Brunton is well-published Prosthodontist, and his research interests include the development of new technologies to improve patient care, clinical and translational research, operative dentistry, specifically tooth preparation and the early diagnosis and treatment of tooth wear.



DR ROHIT BEDI

Rohit is based in Christchurch where he practices the full scope of general dentistry with a special interest in advanced intravenous sedation techniques for anxious patients and those with complex needs. He is passionate about patient safety and believes in a team based approach to sedation with a focus on hi fidelity simulations. He lectures nationally and internationally for dental associations, consults on policies on sedation safety, and conducts training and international research in target controlled infusions, notably at the University of Alberta. Active in sedation societies globally, he is a current committee member for the International Federation of Dental Anesthesiology Societies.



DR DAVID CHRISP

David Chrisp is an Oral Surgeon, recently retired after 45 years of clinical practice, working predominantly in Tauranga. He was involved in all aspects of sedation including formulation of early guidelines for safe practice, teaching and development of new computer enhanced techniques. He co-authored several papers in sedation and has presented his work in both Australia and North America. He remains a passionate advocate for sedation and will offer his experience based on tens of thousands of cases.



DR ANGUS CAMPBELL

Angus graduated from the University of Otago in 1984 with a BDS. He is a general dentist in his practice in Rotorua. He is an active member of the NZDA Waikato/Bay of Plenty Branch. He is a NZDA Wellbeing Champion and promotes the importance of a culture of wellbeing in our careers, which includes local Branch membership, peer collegiality and support for each other. He is a current Board member of the NZDA.

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